

Centro Sávila Suicide Prevention Services Description

Centro Sávila serves marginalized communities including immigrants and refugees, providing care regardless of the patient's ability to pay. The staff at Centro Sávila have lived experience and offer culturally and linguistically appropriate services to their clients.

Centro Sávila provides a wraparound treatment model. By leveraging community partnerships, they can help ensure their patients receive the care, resources, and community connections they need to thrive in their daily lives. This approach helps improve health literacy and creates better consumers of available services.



69% of voters in Bernalillo County approved taxing themselves in order to create a behavioral health care system, which funds the county's Behavioral Health Initiative (BHI).



BHI provides **\$155,642 annually** for **suicide prevention** to Centro Sávila



Centro Sávila provided **suicide prevention services to 127 clients** during the 2022 fiscal year



CENTRO SÁVILA

Services Provided:



- Therapy
- Case Management
- Benefits Enrollment

Values:



- Client centered
- Culturally humble
- Health is a human right
- Non-judgmental

Locations:



- 1317 Isleta Blvd SW, Albuquerque, NM 87105
- 217 San Pablo St SE, Albuquerque, NM 87108
- 7401 Copper Ave NE, Albuquerque, NM 87108



Contact Information:

- 505-312-7296

Call, text, or chat 988

If you or someone you love is experiencing any kind of emotional crisis, mental health, or substance use concern, the NM Suicide & Crisis lifeline is available 24 hours a day, 7 days a week.



Behavioral health is important to community members and providers alike. Because behavioral health can impact all walks of life, generations, and people, Bernalillo County is continually working to ensure there is a strong continuum of care for individuals living with behavioral health conditions, along with their families. This document was produced by Apex Evaluation, contractors for BHI to evaluate the Centro Sávila program.



Why is this work important?

In 2020, New Mexico was ranked 4th in the country for death caused by suicide.¹ Factors that can cause an increase in suicidality include a history of depression and other mental illnesses, employment or financial problems, a sense of hopelessness, and discrimination.² Many of the patients that Centro Sávila provides services to have one or more of these factors that affect their daily lives.

New Mexico is ranked the 4th highest in the U.S. for death by suicide

Program Goals



Strengthen community and family capacity for self-recovery and improved resiliency

- Equitable mental and economic health
- Quality care from bilingual and bi-cultural staff
- Improved safety net for immigrants and refugees
- Prevention of self harm and suicide
- Thriving communities and families

Community Impacts

Strengthening Families

Program at Centro Sávila has helped **families reconnect** with each other, provided a space to come together as a community, and **created bonds** between participants.

Urgent Therapy Appointment

at Centro Sávila results in mother receiving help for her **severe depression** that was affecting her son's well-being. She is now **engaging with her son**, pursuing a program to help her obtain a **better job**, and reports having a **better quality of life**.

Homeless for 7 years

Centro Sávila worked with community partners and Tiny Home Village (THV) to meet requirements and secure housing for a client. Their case manager also helped the client obtain **cataract surgery, a valid NM ID, a birth certificate, and transitioned the client to a new case manager at THV**.

From Homeless to Promoted in 3 Months

A Centro Sávila case manager worked with a **young client** to help **secure employment** that led to a promotion! They helped him find an **apartment** and the client was **successfully discharged** from Centro Sávila

¹ Centers for Disease Control and Prevention. (2022, March 1). *Stats of the state - suicide mortality*. Centers for Disease Control and Prevention. Retrieved February 16, 2023, from <https://www.cdc.gov/nchs/pressroom/sosmap/suicide-mortality/suicide.htm>

² Centers for Disease Control and Prevention. (2022, November 2). *Risk and protective factors*. Centers for Disease Control and Prevention. Retrieved February 16, 2023, from <https://www.cdc.gov/suicide/factors/index.html#factors-contribute>